Research Abstracts, Proposals, and Grant Writing: Basics from Start to Finish

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Learning Objectives

- The learner should be able to describe the basic steps/process of writing a research abstract/proposal/grant.
- The learner should be able to discuss strategies for developing a research abstract/proposal/grant.
At the Beginning: The Idea

- Choose a topic you are passionate about
- Choose a topic that addresses a need in practice, education, research, administration
- Be creative and innovative
- Choose an area where there are funding opportunities available
  - Small grants
  - Large grants
The Idea (Con’t)

- Have clear goals and objectives for the research/project
- Why will this research/project make a significant improvement over current “practice”
- What will you need to develop/what data will you need to collect/what materials will you need to acquire to meet your goals and objectives
Gathering Background Information

- Examine previously written research abstracts, research proposals, grant proposals for guidance as well as background information
Call for Abstracts, Proposals

- What are the guidelines/requirements for the call for research abstracts/grant proposals
  - General requirements
  - Specific requirements
- What are the evaluation criteria
The Proposal

- Document in which you systematically propose how you are going to carry out an idea
- Present a strong case for why your abstract should be accepted and/or proposal funded
  - “Selling your idea to the reviewer/reader
  - Competitive edge
The Proposal (Con’t)

- Ask yourself the following questions
  - What is your research/project about
  - Why is it important
  - What are you planning to do
  - What is the process you will take to accomplish your project goals/objectives
  - What will your research/project cost, if appropriate
  - Why are you best to conduct/complete this research/project
The Proposal: Common Components

- Title
- Abstract
- Introduction
- Goals/Objectives
- Background/Significance
- Theoretical Foundation/Review of Literature
- Methodology/Research Plan
- Dissemination Plan
- Plan of Management
- Team Credentials
- Institutional Qualifications
- Budget/Budget Justification
- References
- Appendices
Primary theme of your project
Not too brief
  - “NCLEX-RN Education”
Not too long
  - “A Program to Improve Success Rates on the National Council Licensure Examination for Registered Nurses Involving Group Review Classes, Individual Tutoring, and Staggered Assessment Testing”
Appropriate length
  - “Student-Centered NCLEX-RN Preparation: A Program to Enhance Student Success”
Abstract

- Brief description of proposal
- Statement of purpose of research/project
- Brief description of research design or methods
- Usually word limit of 200-500 words
- Must be clear, concise, comprehensive
- Summary of entire project
Introduction/Purpose

- General overview of main idea of research/project
- Why is research/project important
- Provides some initial background information
- Cite data from sources, i.e., national/international studies/reports from professional organizations
Goals/Objectives

- **Goal**: Statement that reflects what will be accomplished as result of research/project; Broad statement
- **Objective**: Specific outcomes of program that can be evaluated either quantitatively or qualitatively or both; Measurable terms
- Can identify hypotheses to be tested if quantitative research study
- Template of what is to be accomplished by research/project
  - Specific Aims of project
Background/Significance

- Demonstration of importance of idea/research/project
- Why should this be important to research conferees/funding agency
- This can also be included in introductory paragraph rather than as a separate section
- Make compelling arguments as to why significant
Theoretical Foundation/Review of Literature

- When writing a research proposal, critical to show objectives/research questions are supported by theoretical framework
  - Clear; linked to variables to be analyzed
- Comprehensive literature review
  - Timely; relevant; directly related
- Rationale for importance of research/project
Methodology/Research Plan

- Detailed description of logical steps of plan of grant; Blueprint of research study/project
- If research study, each aspect of research design must be described in detail in logical sequence
  - Overview
  - Sample/Setting
  - Procedures, materials, data collection
  - Human subjects
  - Instruments/Validity and reliability
  - Assumptions/Study limitations
  - Time table for research activities
  - Statistical analysis
Dissemination Plan

- Systematic plan for dissemination of results
  - Presentations at national, international, scientific conferences; professional meetings
  - Publication in professional journals
  - Posting on Virginia Henderson International Nursing Library
Plan of Management

- Why are you the most appropriate person to carry out research/project
  - Expertise
  - Resources
  - Clear, logical, efficient plan
  - Ask yourself, if you were funded....
Team Credentials

- Expertise of each member of team
Institutional Qualifications

- Institutional resources
  - Funding record
  - Comprehensive library
  - Computer facilities
  - Research office
Budget/Budget Justification

- Cost of project with explanations
  - Do not “pad” or inflate budget
  - Do not underestimate costs
  - Know what costs will be covered
  - Address areas such as personnel, supplies, equipment, travel, consultation
References

- Listing of primary sources of information
  - Use APA style unless otherwise stated
Appendices

- Supplemental information to any of the narrative sections
  - Human subject consent form
  - Copies of instruments
  - Letters of support
  - Biosketches of investigators
Mentorship

- Writing Successful Abstracts: A Nurse Mentorship Program for Research Grants and Presentations
Sigma Theta Tau International Grants

- Small Grants
- Doris Bloch Research Award
- Rosemary Berkel Crisp Research Award
- Virginia Henderson Clinical Research Grant
- Joan K. Stout, RN, Research Grant
Sigma Theta Tau International
Co-Sponsored Partner Grants

- Alpha Eta Collaborative Research Grant
- American Association of Critical Care Nurses Grant
- American Association of Diabetes Educators Grant
- American Nurses’ Foundation Grant
- Association of Nurses in AIDS Care
- Association of Perioperative Registered Nurses Grant
Co-Sponsored Partner Grants (Con’t)

- Canadian Nurses’ Foundation Grant
- Council of Advancement of Nursing Science Grant
- Educational Assessment Nursing Research Grant
- Emergency Nurses Association Foundation Grant
- Environment of Elder Care Nursing Research Grant
Co-Sponsored Partner Grants (Con’t)

- Hospice and Palliative Nurses Foundation End of Life Nursing Care Research Grant
- Midwest Nursing Research Society Research Grant
- National League for Nursing
- Oncology Nursing Society Grant
- Rehabilitation Nursing Foundation Grant
- The Long-Term Care Point-of-Care Diagnostics Research Grant
- Western Institute of Nursing Research Grant
Small Grants Program Information

- For more information about each individual grant, go to:
  
  http://www.nursingsociety.org/Research/SmallGrants/Pages/grants_small.aspx

  Or log on to the STTI home page at:
  
  www.nursingsociety.org and click on Research/Library on the left hand column
Contact

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